



"How does giving to the Y help build a better us?"

Dear Valued Supporter,

Thank you for your continued advocacy and support of the Henderson Family YMCA. Because of generous donors like you, we have been able to expand our services, reach more families, and strengthen our impact in Vance and surrounding counties. We are sincerely grateful for your past contributions and hope you will join us again this year.

As you may know, our **Annual Campaign** helps bridge the gap between membership/program fees and the full cost of delivering our mission. With over **5,000 individuals** engaged in our programs and using our facilities, we are thrilled to see our YMCA thriving and our programs operating at full capacity once again.

We are also excited to share some major updates with you. As mentioned in last year's campaign, we awarded the construction contract to **H.G. Reynolds, Inc.**, and we are moving forward with a bold vision for our future.

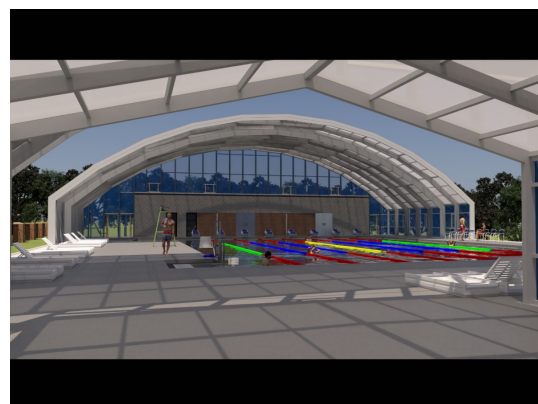
Construction is scheduled to begin in **late fall 2025**, with project completion expected by **late 2026**.

What's Coming?



New Indoor Wellness Facility :

This space will include a full basketball gym, an upper-level walking track, updated weight and



Outdoor Enhancements:

A retractable-dome pool suitable for swimming meets, a new playground, multi-purpose sports field, and an

cardio areas, and studio rooms for classes like Silver Sneakers, step, yoga, and more.

upgraded outdoor track.

Our Programs Continue to Grow:

Because of your support, we have been able to offer and expand life-changing programs, including:

- **Safety Around Water** – providing every 2nd grader in Vance County access to lifesaving swim instruction. *In the 2024-2025 school year 300 second graders completed the program – covering approximately 68% of all second graders in Vance County Public Schools.*
- **Diabetes Prevention Program** – promoting healthier lifestyles and preventing chronic illness. *This year, 28 adults participated in the program, collectively losing a total 176 pounds, 8 participants successfully reduced their A1C levels to below the pre-diabetic range.*
- **“For All” Financial Assistance** – ensuring no family is turned away due to financial need. *So far in 2025, over \$7,938 in financial aid has been awarded, supporting 108 members.*
- **Summer Day Camp** – full, with a growing waitlist. *We hosted an average of 110 campers per week over a 9-week period, with an additional 25 on the waitlist.*
- **After School Camp** – currently operating at capacity. *We are currently serving 87 students & providing transportation from 11 schools across Vance County.*
- **Youth Nutrition Programs** – supporting children with meals during summer and after school. *Over the summer, 7,286 meals were served to our campers through the Summer Food Service Program (SFSP), along with 195 non-congregate two-day weekend meal packs distributed. So far this school year, we’ve provided over 2,175 two-component snacks. During the last school year, we served more than 16,200 five-component meals through the Child and Adult Care Food Program (CACFP).*

As we look to the future, we are also planning to **renovate our existing facility** to focus on youth programming, teen engagement, summer and after-school activities, and food service preparation.

Help Us Reach Our Goal:

To bring this vision to life, we are working to secure long-term funding through a **USDA Rural Development Loan and Grant**, with additional debt service support from the **Triangle North Healthcare Foundation** and **Henderson-Vance Healthcare, Inc.**

Our **2025 Campaign Goal is \$120,000**. It’s ambitious—but we know it is achievable with the support of people who believe in the mission and impact of the YMCA.

We hope you will keep the Henderson Family YMCA at the top of your list as you consider your charitable giving this year. There are many worthy causes, and we are honored each time you choose to support ours.

Thank you again for being a part of our Y family.

With gratitude,

Tommy Marrow

Vice-Chair, Board of Directors

2025 Campaign Chair

MAKE A DONATION



Henderson Family YMCA | 380 Ruin Creek Road | Henderson, NC 27536 US

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